

ALONZO KING'S
LINES BALLET



SAN FRANCISCO
DANCE CENTER

Advanced / Professional
Modern Dance

Mondays 10 - 11:30 am

**Beginning
October 6th
Mary Carbonara
returns to SFDC**

A technically challenging, strength-building and injury preventative class, the emphasis is on moving fully and dancing boldly. Exercises are drawn from several influences including Simonson, Horton and Cunningham techniques.



Mary Carbonara began teaching dance in the Bay Area in 1988 following years of technical and pedagogical training from master teacher Lynn Simonson in New York. For 20 years, Mary has taught locally, nationally and internationally, including New York, Chicago, Tallahassee, Tokyo and Calcutta. She has taught on the faculties of San Francisco Ballet School, East Carolina University, San Jose State University, UC Davis, Saint Mary's College, Mills College, ODC School and Shawl Anderson. Mary is the Founder and Artistic Director of Mary Carbonara Dances, and is formerly a member of Margaret Jenkins Dance Company, Robert Moses¹ Kin, Project Bandaloop, and Liss Fain Dance.



San Francisco Dance Center 26 Seventh Street, Fifth floor San Francisco, CA 94103
415.863.3040 www.linesballet.org

ada@alozking.com