



Cunningham-based
Intermediate Modern

Wed 10:00 -11:30

**KARA
DAVIS**

Modern Technique class taught by **Kara Davis** combines classical dance mechanisms and vocabulary with the principals of release, spacial awareness, and rhythm. This class intends to develop a dynamic understanding between the mind and body, structure and intuition. Ms. Davis' movement aesthetic is strongly influenced by her experiences dancing in different ballet companies as well as Bay Area modern dance companies.

A native of Hutchinson, Kansas, Kara Davis has danced for Ballet Met, Atlanta Ballet, Ohio Ballet, the San Francisco Opera Ballet and Ballet Jorgen in Toronto, Ontario. For the past ten years she has lived in San Francisco and has danced for Margaret Jenkins Dance Company, Pearl Ubungen Dancers & Musicians, Mary Carbonara, Robert Moses, and Kathleen Hermesdorf. She is a founding member of KUNST-STOFF and Janice Garrett & Dancers.



She won an "Izzie" in 2003 for "Outstanding Achievement in Individual Performance" for her "entire season" as a Bay Area free-lance artist. In 2005 she was honored by dance critic Rachel Howard for being that year's "MVP".

She co-founded **project agora**, a dance company dedicated to multi disciplinary collaborations, with friend and colleague Bliss Kohlmyer Dowman. Her choreography has been shown at ODC Theater, the Headlands Center for the Arts, Jon Sims, the banks of the Eel River (Kamp KUNST-STOFF) and Yerba Buena Center for the Arts. She has taught modern dance technique class at San Francisco Ballet School, Line's Pre-Professional Program, ODC, and Shawl Anderson.