



Contemporary Jazz

Tuesdays and Thursdays
6:00 - 7:30 pm

Open to Dancers of All Levels!

Jenni Bregman (Updenkelder) was born and raised in Oregon, where she trained in Jazz, Modern, Ballet, Hip-Hop and Theatre. She has been training, performing and choreographing in the Bay Area for four years. She is a member of the fusion dance company Printz Dance Project, which performs locally and nationally, as well as the collaborative Passion Flower Project.

Contemporary Jazz covers the basics and beyond in a challenging but fun atmosphere. Jenni brings energy and enthusiasm to her classes, while keeping a grounded focus on technique, safe body alignment and coordination. Classes begin with strengthening and stretching warm-ups, then move to larger movement with across-the-floor exercises, and culminate with center combinations that range in style from funky to lyrical to theatrical.



with **Jenni Bregman**



Her choreography allows for personal embellishment and expressiveness is always encouraged! Students are encouraged to meet and exceed their personal dance goals with each class. Drop-ins are always welcome.