

ALONZO KING'S
LINES BALLET



SAN FRANCISCO
DANCE CENTER

Classical Chinese Dance



Sundays 11:30 am - 1:00 pm

Hai Yan Jackson

Hal Yan Jackson was born in Chongqing, Sichuan, China. From 1971 to 1976 she studied ballet and Chinese Classical Dance at the Sichuan Dance Academy. After graduating, she worked at the Sichuan Opera & Dance Company as a dancer, instructor, and choreographer. In 1999 she immigrated to the Bay Area.

Since 2000 she has been teaching and planning choreography for the Flying Angels Chinese Dance Company, Chung Ngai Dance Troupe, and the Nan Hai Art Center. In 2004 she planned the choreography and danced in the production of *Fire and Silk*.

Just like the Chinese language, Chinese dance has its own vocabulary, semantics, and structure. With 56 distinct tribes in China, it's easy to see how each region and each dance has its own unique feature. By the same token, it is also easy to discover that Chinese dance is actually an integral body with common spirits and views.

The class emphasizes the expressive movement of the hand and wrist along with the use of traditional Chinese folk and classical dance props like the fan, ribbon, scarf, sleeve bow, handkerchief, hat, etc. In addition, the dances of various ethnic groups are explored.



San Francisco Dance Center

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